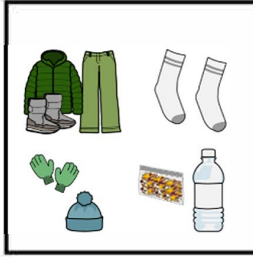


Goggin Ice Center

1



Getting Ready:

I will wear warm clothes and long socks.

I might bring gloves and a hat.

I can bring snacks and a water bottle.

2



Arriving at Goggin Ice Center:

We will drive to the ice center and park the car.

We will go inside and check in or get tickets.

There may be a lot of people skating or watching.

3



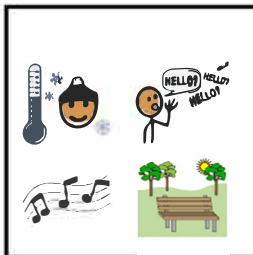
Ice Skating Time:

I will get my skates and put them on.

I can use a skating helper if I need it.

I will skate carefully and take breaks if I need to.

4



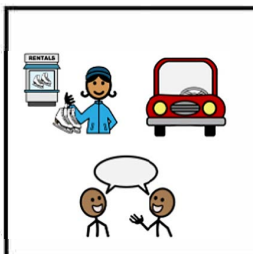
Sensory Tips:

It may feel cold and echoey inside.

I might hear music, skates scraping, and people talking.

If I get overwhelmed, I can rest on the bench or take a break outside.

5



Leaving the Ice Center:

When we are done, I will take off my skates and return them.

We will go back to the car.

I can talk about how skating felt and what I liked!