

# Liberty Center

1



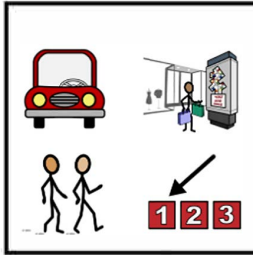
## Getting Ready:

I will wear comfortable clothes and walking shoes.

I might bring sunglasses, ear protection, or a fidget toy.

I can bring money or a gift card if I want to buy something.

2



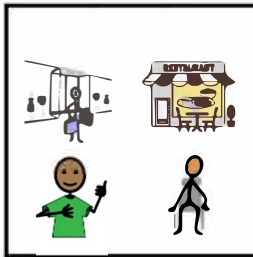
## Arriving at Liberty Center:

We will drive to Liberty Center and park the car.

There will be many people walking, shopping, or eating.

We will stay together and talk about where we want to go first.

3



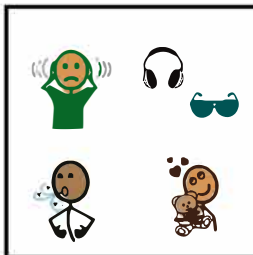
## Exploring Liberty Center:

I might go into stores, restaurants, the movie theater, or play on the outdoor park.

I will be careful and be respectful inside stores.

I can take breaks to rest or eat a snack if I need to.

4



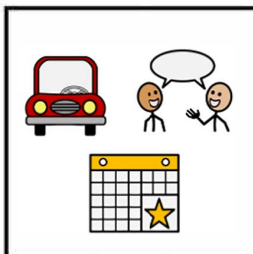
## Sensory Tips:

It might be bright, loud, or crowded. I can wear headphones or sunglasses.

If I feel overwhelmed, I can ask for a quiet spot or take deep breaths.

I can bring a comfort item or fidget if it helps me feel calm.

5



## Leaving Liberty Center:

When we are done, we will go back to the car.

I can talk about what I saw or bought.

I can come back another time to explore more!