

The Middletown Arts Center

1



Getting Ready:

I will wear comfortable clothes and shoes.

I might bring a water bottle in case I get thirsty.

I will use the bathroom before starting my activity.

2



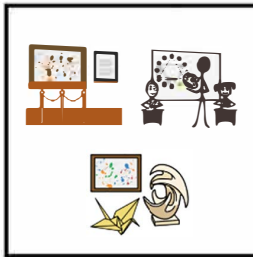
Arriving to the Middletown Art Center:

We will drive to The Middletown Arts Center.

When we arrive, we will walk inside and see the front desk.

There may be other people looking at art or taking classes.

3

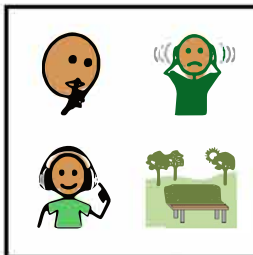


Exploring the Center:

The center has art displays and classrooms.

I will see paintings, sculptures, and other artwork.

4



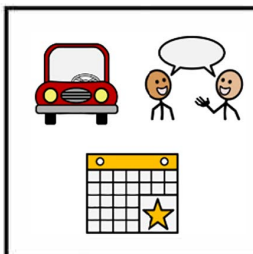
Sensory Tips:

The art center is usually quiet, but might have sounds from tools.

If it is too loud, I can wear headphones or take a break.

If I feel overwhelmed, I can step outside or find a quiet space.

5



Leaving the Art Center:

I will go back to the car and talk about my favorite part of the visit.

I can come back another day to see more art!