

Voice of America (VOA) MetroPark

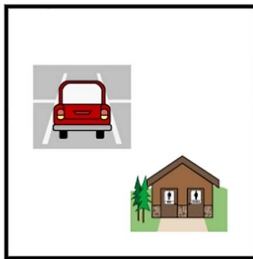
1



Getting Ready:

I will wear comfortable clothes and shoes.
I might bring sunscreen, sunglasses, and a hat.
I can pack snacks and water to stay hydrated.

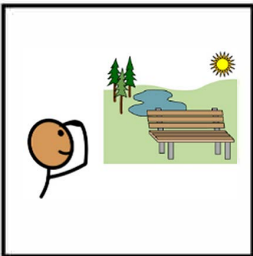
2



Arriving at the Park:

We will drive to VOA MetroPark and park the car.
There may be other people walking, playing, or biking.
We might stop at a restroom before we explore.

3



Exploring the Park:

I can explore the wide paths, see the big lake, and watch birds.
I will stay on the path with my group.

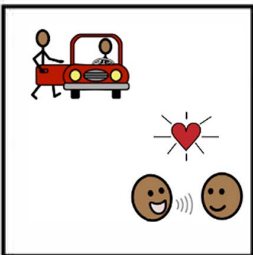
4



Sensory Tips:

I might hear birds, barking dogs, or people talking.
If it feels too hot or noisy, I can sit in the shade or wear headphones.
I can sit on a bench or on a blanket if I need a break.

5



Leaving the Park:

When we are done, we will return to the car.
I can talk about my favorite part of the park.
I can come back another day to explore more!